



LEICESTERSHIRE ROAD RUNNING LEAGUE

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MARKFIELD 10K ROAD RACE

Sunday 12th March 2017

Organised by Beaumont Running Club

Venue: South Charwood High School, Broad Lane, Markfield LE67 9TB.

Start/Finish: 10.30 am from the school main gate/Finish in school car park.

Race limited to registered members of LRRL-registered clubs minimum age of 15 years.

Race Entry: online Run Britain online entry. £5.00 (Affiliated), £7 (unaffiliated) plus administration charge. Chip timing.

Toilets/Changing: There are toilets in the school and temporary hire ladies toilets and men's urinals. There are shower facilities being built that may be available by race day.

Clubs' Area: School canteen (Clubs A – M) and school gym (Clubs N – Z). Clubs may bring tents for pitching in the field area immediately behind the school gym.

Parking: School grounds. Only cars carrying 3+ people will have entry to the car parks and there is no entry to the school before 0900. LeicesterShare.com can help you share transport. Otherwise please park as directed by marshals - **there is strictly no on-road parking in the school vicinity as part of race route and so as not to adversely affect local residents.**

Registration: At your club desk in Clubs' Area to collect allocated race chips. The League officials' administration desk will be in the canteen.

Refreshments: Hot and cold drinks and snacks available in the canteen.

Drinks Station: A drinks station will be situated in the school picnic area behind the race finish school car park. Water has been kindly donated by Swithland Spring Water Company.

Safety: It is the responsibility of the runner to assess his/her own fitness to run. Also to ensure suitable clothing is worn for the weather conditions. Runners will remain off the road outside the school until the road closure is in force at 10.25am. All runners must **keep to the left-hand side of the road** throughout the race unless directed otherwise by marshals.

There is a rolling road closure in place for side streets adjoining Main Street Thornton and runners need to take care in this busy village road by staying on left at all times. Forest Road leading out of Markfield village is another part of the route to take great care as the road narrows as it goes into a left hand bend. Finally runners will be directed to run on the path when approaching a blind hill on Grassy Lane at the 9km point.

Runners who want to cool down whilst the race is still in progress must not head back into the flow of the oncoming runners but head towards Thornton. Any runner ignoring these safety instructions will be reported to the Race Referee for a decision on race disqualification.

Property left unattended at the venue is at the owner's risk.

Dogs – none permitted on the school grounds except for Guide Dogs

Race Queries: Frank Lusk, secretary@beaumontrc.co.uk

Race Permit: 2017-27156

Course officially measured. One lap, undulating, run in anticlockwise direction. Starts & finishes at the school.

Current UKA Certificate no: 14/008 Serial No 17-057

For further information about Beaumont Running Club visit www.beaumontrc.co.uk

Markfield 10k.

Kilometre Markers

http://gb.mapometer.com/running/route_4480270.html



Race HQ – South Chamwood High School, Broad Lane

